



SIKH WELFARE COUNCIL

ANNUAL REPORT 2016

JAN KI SEVA UTTAM KAMMA
(Service to Humanity is the Highest Deed)

Our Mission

To improve the welfare and well-being of the community.

To meet this mission, we have expanded our :

- Programs
- Scope of Support
- Assistance to the Needy

BUT MORE NEEDS TO BE DONE!



Sikh Welfare Council (SIWEC)



- Registered Institute of Public Character (IPC). As such we do not only help SIKHS.
- A full-member of the **National Council of Social Services (NCSS)**
- Provided access to NCSS/Comcare database
- Does not belong to any individual or Sikh Institution, it belongs to the whole community.
- There is a greater need now for Welfare services due to the ageing population and economical/social challenges faced by the youth.
- Increase in the number of programmes/services we are providing.
- Works closely with other VWO's (AWWA, ASHRAM) and government agencies (SSO's, FSC's, SINDA, MSF) to tap in on their resources and expertise.

We are manning a 24 hour Emergency Hotline for the Community



UPDATE ON SIWEC SUPPORT SERVICES



FAMILY SUPPORT SERVICES



FAMILY SUPPORT SUMMARY OF CASES AS AT MAY 2017

	YTD 2017	2016	2015
A. Number of Families at the start of the period	20	16	18
B. Additions of families during the Period	1	8	3
C. Reductions of families during the Period		4	5
• Client now supported by Children		1	
• Client started working		1	2
• Spouse / Children started working		1	
• Admitted to Nursing Home			
• Non Compliance with SIWEC Rules		1	1
• Deceased			
• Migrated / Referred Out			2
• Other factors			
D. Number of Families at the end of the period	21	20	16 ⁶

FAMILY SUPPORT MONTHLY ASSISTANCE TO CLIENTS



ASSISTANCE	No. of Clients	Year to Date 2017		2016	2015
		FA	FR		
Financial Only	3	\$4,000		\$8,850	\$7,050
Ration Only	3		\$2,350	\$5,090	\$8,040
Financial & Ration	15	\$18,500	\$14,100	\$68,520	\$66,485
Ad-Hoc Financial	0			\$ 360	
Sub-Total		\$22,500	\$16,450		
Overall Total	21	\$38,950		\$82,820	\$81,575

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FAMILY SUPPORT AD-HOC CASES



S/N	Type	Year To Date 2017		2016	2015
		Local	Foreign	Total	Total
1	Mediation with Employers	0	1	1	2
2	Mediation with Families	2	0	1	9
3	Community Mediation	0	0	NA	NA
4	Counselling & Advice	4	1	11	30
5	Referral to Government Agencies	4	0	9	15
6	Others	0	0	17	13
	TOTAL	10	2	39	69

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Other Family Support Services



Some of the areas SIWEC assisted included:

- Working with SSO's to find jobs for client or their spouse /child
- Mediation to help reconcile families
- General Counselling
- Improvement of furnishings in homes
- Cleaning / Maintaining homes
- Befriending



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COMMUNITY MEDIATION (CM)



- Training was conducted by Lawyer Ms. Reena Kalpana Singh in February – April 2017
- Currently, 9 mediators are qualified to take on cases.
- S. Karpal Singh Mehli will be the first point of contact for any such cases.
- Certificate of attendance where presented to those who have attended either 2 sessions.



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EDUCATION SUPPORT SERVICES



EDUCATION SUPPORT Academic Excellence Programme



- Improve children's performance in schools, particularly English, Mathematics, and Science.
- Partnership with Singapore Sikh Education Foundation (SSEF).
- We have an Education Project Officer.
- Children in Primary 1 to 5 who need help have been identified and are being helped in the areas of:
 - Tuition for children
 - Assistance to families
 - Counselling
- Currently we have 29 students.



EDUCATION SUPPORT

Financial Assistance For Punjabi Education



- Supporting \$400 per student for school fees, books and uniforms has increased to \$420 with effect 2017.
- Students living in 3-bedroom were also rendered assistance. Out of 102 students in 2017, 38 were living in 3-bedroom .
- Financial support given till date since 2014:

Year	2017	2016	2015	2014
Amount	\$42,840	\$33,600	\$32,400	\$43,200

- Holistic approach being adopted to determine if these students and their families need additional help.

EDUCATION SUPPORT

Support for Children in Homes



Chen Su Lan Methodist Children's Home

- 1 Sikh child currently in the home
- SIWEC has arranged for a Punjabi tutor to assist her in Punjabi Language



Melrose Home Children's Aid Society

- 2 Sikh girls currently in the home
- SIWEC has arranged for a tutor to assist them in Punjabi language.



SIWEC Secretariat staff keep in constant contact with the children/social workers to tend to the socio-emotional needs of the child.



**ELDERCARE
SENIOR CITIZEN ACTIVITIES**
SUNHERI SAHELIAAN / SUNHERAY PAL

LADIES: @ CST – STARTED IN 2014
CURRENT YEAR 90 PARTICIPANTS

MIXED: @ SRST / SC – STARTED IN 2015
CURRENT YEAR 70 PARTICIPANTS



The bottom section of the slide features two photographs. The left photograph shows a large group of women, mostly wearing colorful hijabs, seated in rows in a well-lit hall. The right photograph shows a smaller group of approximately 15 people, including men and women, posing for a group photo in a room with a red carpet and a framed picture on the wall.

ELDERCARE SENIOR CITIZEN ACTIVITIES

SUNHERI SAHELIAAN / SUNHERAY PAL



Aimed at providing seniors with a medium to meet and embark on mini-workshops, which empower them with skills that may help them cope with their ailing health. These mini-workshops are divided between other leisurely activities and outings. Examples of activities are:

- Health talks
- Flower arrangement classes
- Talks on legal issues
- Cooking classes
- Talks on the new pioneer generation scheme
- Visit to the Zoo, Malaysia (Machap & Batu Pahat Gurudwara)
- English speaking program for those unable to speak whereas for those who can speak English, they have games session.

ELDERCARE & SENIOR CITIZEN ACTIVITIES



Name of Talk/Workshops
Diabetic Health Ambassador by National Healthcare Group
Lady Sikh Warriors by Dr Jaswinder Singh
Talk on Downfall of Sarkar-E-Khalsa by Apinder Singh
Talk on Diabetes by Dr Tan Yong Seng
'Forget Us Not' on Dementia by Mr. Ivan Loke
Diet and Osteoporosis by Nutritionist Mdm Teo
'Nurture Your Mind Program (4 sessions)
Talk on Incontinence by Tasneem (Ladies Only)
Talk on Sikh Emblem by Apinder Singh
The painful and unstable knee by Haris Mohamed (TTSH)
Osteoporosis, The Silent Killer by Tan Tock Seng Hospital
Simple Health Happiness Tips by C P Oberai

TRIP TO SINGAPORE ZOOLOGICAL GARDENS 28 MARCH 2017



SENIOR CITIZEN ACTIVITIES SENIORS TEACHING THE YOUNG ONES HOW TO MAKE PEDEES





HEALTHCARE

AMBASSADOR PROGRAMME





Our Objective

- To provide patients & their families with guidance in obtaining assistance from various health agencies
- To provide moral & emotional support
- To provide spiritual support.

Creating Awareness

- SIWEC has written to all hospitals and stay in homes to inform them about our services.
- All institutions are encouraged to make periodic announcement during their programmes to alert the public of our services

Source for Volunteers

- SIWEC currently has **15 active Health Care Ambassadors**.

Have engaged a full time staff to regularly visit and befriend patients and residents at homes.

HEALTHCARE NUMBER OF VISITS



Visits	Year to Date 2017	2016	2015
Visits to Institutions	178	192	195
Visits to Residences	47	68	38
Visits to Hospitals	75	57	56
Thye Hua Kwan Home	22	0	11
Total	322	317	300
Average Per Month	64	26	25

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HEALTHCARE SIKHS IN NURSING HOMES



Institution	No of Sikhs				Reasons/Remarks
	2016	Add	Less	YTD 2017	
Ju Eng Home	1	1	0	2	1 Destitute with Polio
TTSH - Ren Ci	1	1	1	1	Dementia transfer to United Medicare/ Bedridden (ADL Dependent)
Jamiyah	4	0	1	3	2 Destitute/1 No family support/ 1 transferred to PESH
Parkway East Shore Hospital	0	1	1	0	Advance Dementia transferred from Jamiyah than transfer to SASH
Sree Narayana Mission	1	0	0	1	1 Destitute with Osteonecrosis
Moral Welfare Home	3	0	0	3	2 Dementia/ 1 Disability
Ren Ci Nursing Home	2	0	1	1	1 Old Age/ 1 transferred to DPH
Society for the aged sick Hougang	2	1	0	3	1 Destitute/ Dementia/ Advance Dementia from PESH
Bukit Batok Home for Aged	3	0	1	2	2 Destitute/ 1 passed away
Residing in Own Homes	8	0	0	8	7 Ladies & 1 Man
CDC (Home Closed)	1	1	2	0	1 Lost Eye Sight/ 1 Destitute
Institute of Mental Health	3	0	0	3	2 Anger Management; 1 Psychotic with Major depression
United Medicare	1	1	0	2	1 Alcoholic & Family Issues/ Dementia transfer from TTSH - RenCi
TOTAL	30	6	7	29	

HEALTHCARE SIKHS IN NURSING HOMES



Institution	No of Sikhs				Reasons/Remarks
	2016	Add	Less	YTD 2017	
Brought Forward	30	6	7	29	
Bright Hill Evergreen Home	0	1	0	1	1 Destitute
Banyan Home	0	2	0	2	2 Destitute
Acacia Home	0	1	0	1	1 Destitute
Angsana Home	5	0	0	5	5 Destitute
Thye Hua Kwan Home	0	4	3	1	2 Rehabilitation/ 3 Discharge
Dover Park Hospice	0	1	0	1	1 Diabetic & Cellulitis
St Andrew's Nursing Home (Buangkok)	0	2	0	2	Dementia
Orange Valley (Marsiling)	0	1	0	1	Family didn't give consent to visit
Orange Valley (Changi)	0	1	0	1	Family didn't give consent to visit
Kwong Wai Shu Hospital	0	4	0	4	2 Home Care, 2 Residence
TOTAL	35	23	10	48	

- Discussing with authorities and Kwong Wai Shu Hospital to try and transfer more Sikhs to Kwong Wai Shu Home next to CST.
 - Punjabi Food once a week by well wisher
 - Birthday Celebrations at the Home

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PRISON COUNSELLING & AFTERCARE PROGRAMME



Prisons/Counselling and Aftercare Programme



This program focuses on the following activities:

While in Prison

- Provide spiritual and rehabilitative counselling to inmates.
- Address the needs of the inmates.

Post Release

- Assist in finding meaningful employment through organisations like SCORE/SACA.
- Follow up counselling.
- Collaboration with aftercare associations like THE ASHRAM.

Counsellors meet inmates on a weekly / fortnightly basis.



Prisons/Counselling and Aftercare Programme



- **Employed full-time Counsellor**

- **Focus for 2017/2018**

- ☐ Ongoing weekly counselling sessions
- ☐ Counseling for families of inmates
- ☐ Befriending/Aftercare

- **Events at the Prison Annually**

- ☐ Vesakhi celebrations
- ☐ Guru Nanak Dev Ji's Birthday Celebrations



REHABILITATION & AFTERCARE SESSIONS



Visits	Year to Date 2017	2016	2015
Number of Counsellors	18	19	14
Counselling Sessions	80	356	175
Inmates	48	50	48

Increase in counselling sessions:

1. More Counselling Sessions were given in both men and women prisons
2. Increase in counselling volunteers
3. Prison Counsellor conduct pre-release sessions on weekdays.

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FAMILY BEREAVEMENT SERVICES



Family Bereavement Services

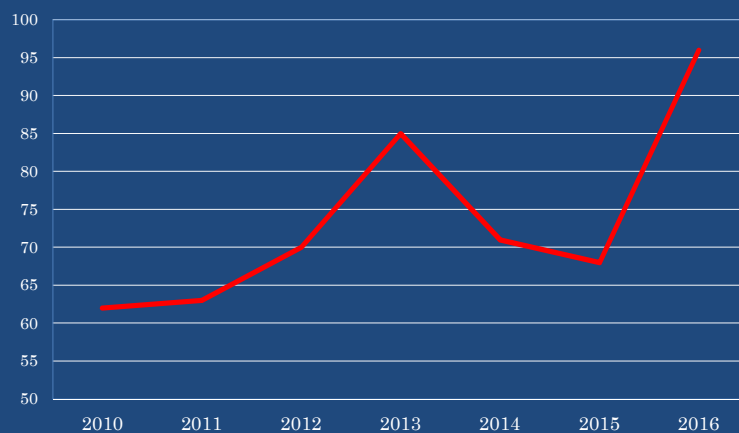


SIWEC Guides Families in:

- Booking of the crematorium
- Arrange for the hearse and driver
- Assisting with obituaries
- Making transport arrangements for condolers
- Assisting in bathing the body
- Booking the Gurdwara for prayers
- Providing follow up grief counseling
- Foreign persons – repatriation assistance



Family Bereavement Supported Cases



YTD 2017
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SIWEC not only tries to support the family during bereavement but also tries to help them save their cost.

BEREAVEMENTS

CREMATION ANALYSIS



S/N	Gurdwara	2017 "Gender" Analysis			2017 "Day" Analysis		
		Male	Female	Total	Weekday	Weekend	Total
1	Central Sikh Temple	3	0	3	2	1	3
2	Silat Road Sikh Temple	1	3	4	2	2	4
3	Khalsa Dharmak Sabha	4	4	8	6	2	8
4	Sri Guru Singh Sabha	5	3	8	5	3	8
5	Pardesi Khalsa	1	0	1	1	0	1
6	Gurdwara Katong	1	1	2	2	0	2
7	Gurdwara Yishun	1	3	4	3	1	4
	TOTAL	16	14	30	21	9	30

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BEREAVEMENTS

AGE ANALYSIS



	Age	Year To Date 2017			2016		
		Male	Female	Total	Male	Female	Total
1	Up to 40 years	3	0	3	3	2	5
2	41 to 60 years	4	1	5	12	6	18
3	61 to 70 years	2	2	4	8	6	14
4	71 to 80 years	1	5	6	6	12	18
5	81 to 90 years	5	4	9	13	15	28
6	Over 91 years	1	2	3	4	9	13
	Average	64	78	71	71	76	74
	TOTAL	16	14	30	46	50	96

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BEREAVEMENTS CAUSE ANALYSIS



	Cause	Year To Date 2017			2016		
		Male	Female	Total	Male	Female	Total
1	Cancer	2	2	4	1	10	11
2	Heart Disease	9	2	11	15	10	25
3	Pneumonia	1	5	6	6	13	19
4	Accident/ Injury	0	0	0	2	2	4
5	No Certificate	0	1	1	12	3	15
6	Others	4	4	8	10	12	22
	TOTAL	16	14	30	46	50	96

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OVERALL CLIENT SUMMARY



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SIKH WELFARE COUNCIL OVERALL CLIENTS SUMMARY



S/N	Programs	Year to Date 2017	2016	2015
1	Financial Assistance	21	24	21
2	Bereavement Services	29	96	68
3	Children Home	3	3	2
4	In House – Counselling	12	39	69
5	SIWEC Tuition Program	17	14	11
6	Academic Excellence Program	29	18	6
7	Prison Counselling	48	50	46
8	Healthcare – Institutional Homes	40	27	29
9	Healthcare – Residence	8	8	5
10	Senior Citizens Program	160	122	87
11	MOE – FAS Students	102	84	81
12	Health Screening	85	121	50
13	Talks and Workshops	26	95	30
	TOTAL	580	701	505

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SIWEC OUTREACH PROGRAMME 2016



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SIWEC Outreach Programme



- Throughout the year, SIWEC has been presenting our programmes to the Sangat in the Gurdwaras / Sikh Institutions.



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SIWEC Outreach Activities 2016



Location	Date	Events
PKDD	March 27	SIWEC Presentation to Sangat of Pardesi Khalsa
CST	April 10	SIWEC Booth set up to create awareness of programs
CST	April 12	Health Screening by NKF
Sunlove Home	June 25	Presentation of Cheque and Lunch for the residents sponsored by well wishers from Katong Gurudwara
SRST	July 06	Health Screening by NKF, Booth by SANA, Booth by SCS, Booth by SIWEC
CST	November 13-15	SIWEC Booth, NAMS Booth and lecture
Naam Ras @ EXPO	December 23-26	SIWEC Booth, NAMS Booth, AWARE

NKF: National Kidney Foundation
 SANA: Singapore Anti Narcotics Association
 SCS: Singapore Cancer Society
 NAMS: National Addiction Management Services
 AWARE: Association of Women for Action and Research

Other SIWEC Activities



Some of the activities conducted by SIWEC that benefitted the society at large include:

These included Welfare/Health days that encompassed:

- talks on writing of wills
- making a Lasting power of attorney (LPA)
- Coping with Arthritis and a myriad of health checks.
- Talk On Medshield life
- Talk on benefits of Pioneer Generation. Talk on Benefits of the Pioneer Generation

Planning another 3-4 activities this year.

SIKH WELFARE COUNCIL RIDE FOR CHARITY (RFC) 2018



Tentative Date of Event:
23rd February 2018 to 26th February 2018

Training Dates: Every Saturdays

Administrative support will be provided from SIWEC Secretariat.

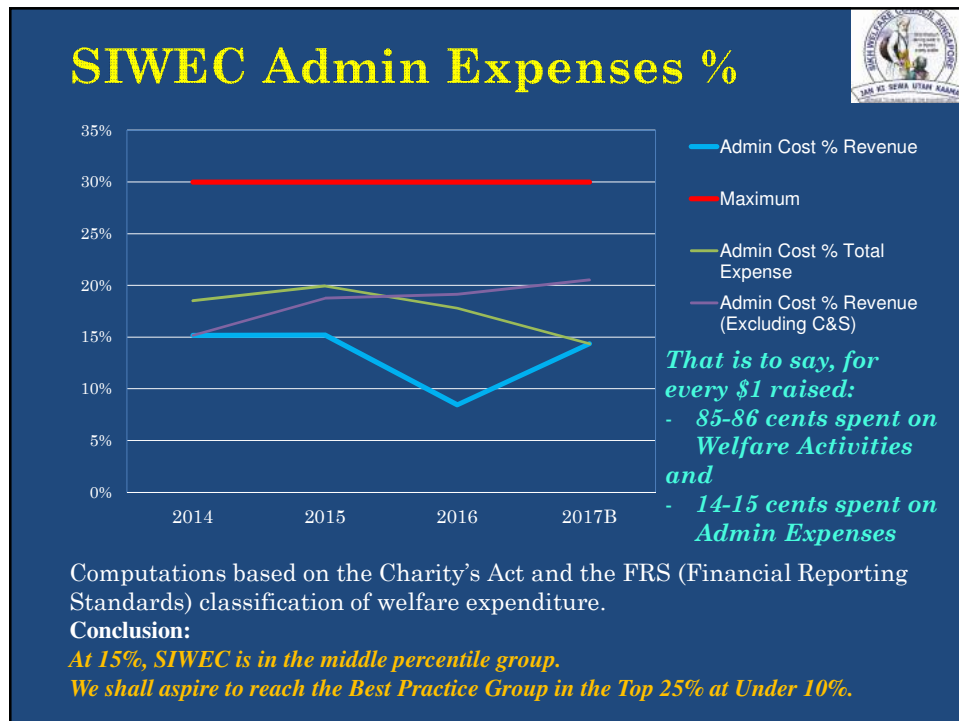
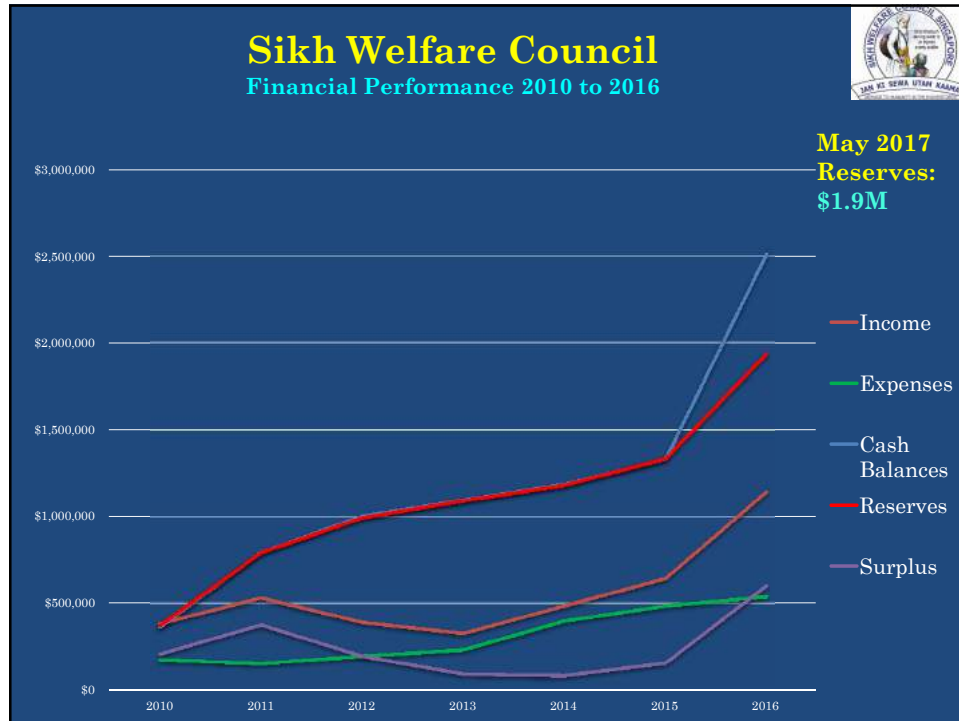


4. PRESENTATION & ADOPTION OF 2016 AUDITED FINANCIAL STATEMENTS



INCOME & EXPENDITURE JANUARY TO DECEMBER 2016

	2016	2015
INCOME		
Total Tax Exempt Receipt Income	\$417,771	\$462,348
Total Other Income	\$726,546	\$183,288
TOTAL INCOME	\$1,144,317	\$645,636
EXPENSES		
Total Operating Expenses	\$425,564	\$381,427
Total Administrative Expenses	\$97,511	\$98,977
Total Other Expenses	\$17,276	\$7,087
TOTAL EXPENSES	\$540,351	\$487,491
SURPLUS / (DEFICIT)	\$603,966	\$158,145



SIKH WELFARE COUNCIL GIRO DONATIONS



Description	No of Donors	<u>2017</u>		<u>2016</u>		<u>2015</u>	
		May 2017	YTD	No	S\$	No	S\$
Institutions	4	\$4,001	\$17,505	3	\$9,012	3	\$30,012
Existing Individuals	286	\$9,031	\$45,768	281	\$105,793	279	\$74,418
Total	290	\$13,032	\$63,273	284	\$114,805	282	\$104,430

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Waheguru Ji Ka Khalsa
Waheguru Ji Ki Fateh



A BIG THANK YOU TO ALL INSTITUTIONS
FOR YOUR GREAT SUPPORT

