



SIWEC INSIGHT

Sikh Welfare Council, Singapore

November' 12-January '13

Welcome to yet another issue of our SIWEC newsletter!

The primary goal of our newsletter is to engage and share with you SIWEC's recent & forthcoming events. We also look forward to hearing from you on how you may want to volunteer and get involved in our activities. Besides the Food on the Table program, other SIWEC activities include Prison Visits, Counselling, Bereavement and Financial Assistance. SIWEC was awarded IPC status by the Commissioner of Charities on 5th November 2009. In keeping with our IPC status, about 10% of our needy clients are non-Sikhs.

Highlights of this Issue

Naam Ras Kirtan Darbar



Lawyers' Luncheon



Diwali Celebrations



Ashram



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What We Do: *The Sikh Welfare Council (SIWEC) is a charitable organisation with an IPC status ("Institutions of Public Character"), which formulates overall policies in respect of welfare services in Singapore. A comprehensive detail of SIWEC's functions and activities can be found on our website at www.siwec.org.*

www.siwec.org

RECENT ACTIVITIES

Guru Nanak 's Birthday Celebration at Central Sikh Temple



Guru Nanak's Birthday Celebrations were held in November 2012 at Central Sikh Temple, where SIWEC set up a booth to promote its activities to the Sikh Community. SIWEC also received generous donations from well-wishers and members of the community. SIWEC would like to thank all for their continuous support.

YUVA Mentoring Scheme



This program is to empower children/youth in our community to make positive life choices that enable them to maximize their personal potential. The primary goal is to empathize friendship and attention and also to establish caring relationships with our youth in a clear, consistent and structured context. SIWEC has 9 youth mentors who have successfully completed the 4 full day training course and passed the competency-based assessment in 2012.

If you are between 16 and 25 years of age, and keen in making a difference, do get in touch with SIWEC at 6299 9234 or drop us a message at info@siwec.org.

Be A YOUTH MENTOR NOW!!!!

HIGHLIGHTS

Lawyers' Luncheon



SIWEC organised a lawyers' luncheon on 22nd Nov 12 at Singapore Cricket Club to share and promote SIWEC activities to the Sikh lawyers. Mr Jagjit Singh Sekhon, SIWEC Chairman gave the opening address. Mr Dinesh Singh gave an update on SIWEC activities. A number of lawyers attended the luncheon, and they found the session to be informative and useful. SIWEC intends to organize similar events for other professionals to create awareness of its activities.

NAAM RAS KIRTAN 2012



Naam Ras Kirtan Darbar 2012 was held from 27 to 30 December 2012 at Expo Hall 3. SIWEC set up a booth to promote its activities to the Sikh Community. SIWEC secretariat staff and volunteers assisted to manage the booth daily. Souvenirs and pamphlets were distributed during the event. We received positive feedback and one time contributions from well-wishers. SIWEC thanks all who contributed to this worthy cause.

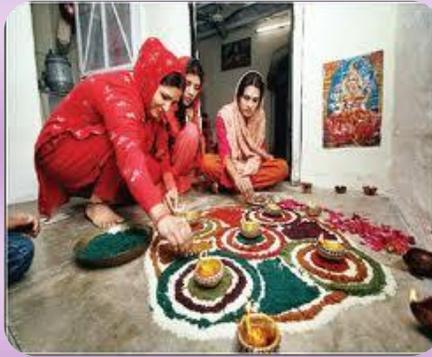
Guru Nanak's Birthday Celebration at Prisons



SIWEC Secretariat, Counselors together with priests visited the inmates at the prisons on 30th Nov 12. This was to celebrate Guru Nanak's birthday with the prison inmates with prayers and refreshments. The inmates were highly appreciative of SIWEC's efforts in organising this event for their benefit. It is hoped that they appreciate the need for them to change for the better upon their release. It was a great experience for those who participated and the whole event went extremely well.

Diwali Celebrations

As part of the Diwali celebrations, SIWEC distributed goodies to the needy families. The goodies were donated by the Sikh temples. Home visits were made together with volunteers and each family also received a token from a well wisher.



Institutional Visits by SIWEC

Institutional Visits are done to institutes to link up with youth in these institutions. SIWEC also arranges visits to the elderly staying in homes to communicate with them regularly.



KNOW SOMEONE WHO CAN BENEFIT FROM THIS NEWSLETTER?

SIKH FOSTER FAMILY SCHEME



During the Naam Ras Kirtan 2012, SIWEC worked with the Ministry of Social and Family Development (MSF) to promote the Sikh foster family Scheme. It was heartening to know that members of the community had expressed an interest to participate in this scheme. If you are keen to be a foster parent, please contact SIWEC or MSF tel.63548799 or visit their website at www.msf.gov.sg/fostering.

HEB - ASHRAM



The Ashram has been in existence since 1999. It has been assisting substance abusers and penal offenders who undergo rehabilitation and helps to facilitate their reintegration into society. Since January 2013, SIWEC has been working closely with them and have sent volunteers, counsellors and an IT Trainer to teach the residents computer skills and knowledge to prepare them for the working life upon their completion of their stay at the Ashram. Yishun Gurdwara provides langgar once a week, as a great gesture of support.

SIWEC appreciates the volunteers' valuable time given and humble services that they provide to the Ashram.

Hospital Visit



One of the services provided by SIWEC is to visit patients in the hospitals. The purpose of the visit is to provide comfort and care, and assistance, if required.

SIWEC makes about 8 to 10 monthly visits to various hospitals in Singapore. Each visit lasts between 30 to 40 minutes. Currently, we have 47 healthcare ambassadors who are registered nurses providing this service on behalf of SIWEC.

We hope the Sikh Community would continue to inform SIWEC at <tel:62999234> if any loved one has been hospitalised and requires a visit.

SIWEC Flag Day 2013

SIWEC is proud to have been allotted a Flag Day by the National Council of Social Service on **11th May 2013, Saturday**.

SIWEC would need a lot of volunteers to help raise funds for Flag Day 2013.

For more details on how you can help to make this Flag Day a success.

Please contact SIWEC at 6299 9234.



Find us on:
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SIWEC FLAG DAY 2013
11 MAY 2013, SATURDAY
PLEASE VOLUNTEER
AND DO YOUR PART!!!
CALL 9771 3525

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SIKH WELFARE COUNCIL SINGAPORE
Dial Khanda
serving water to
an injured
enemy soldier
JAN KI SEWA UTAM KAMMA
SERVICE TO HUMANITY IS THE HIGHEST DEED

Email: info@siwec.org
WWW.SIWEC.ORG

Sikh Welfare Council
Hotline: 6299 9234

FIND OUT MORE!!! VISIT OUR WEBSITE @ WWW.SIWEC.ORG.

SIWEC Programmes....

Thanks to your support and guidance, SIWEC is now evolving from being a provider of food and finance to the needy to becoming an enabler, supporter and a motivator through holistic care. New programs are being introduced to supplement the traditional ones, which we are continuing to administer more effectively and productively (support for the needy, handling bereavements, counselling, etc).

The programs are as follows:

- House Visit
- Education Support
- Youth Mentoring
- Health Care Ambassadors
- Prisons Through Care
- Volunteer Recruitment/Engagement
- Bereavement



How You Can Help....

The Sikh Welfare Council is a Volunteer Welfare Organization (VWO) that depends on the community for volunteers as well as the funds necessary to carry out its various assistance programmes. We are presently assisting more than 20 deserving families on a regular basis so that they can tide over difficult times. Obviously, this requires a great deal of resources on the part of SIWEC. We would therefore like to appeal to the community at large to help us support the less fortunate. You can do this in various ways, including:

- Giving a one-off donation (e.g. on-line via PayPal, cheques, bank drafts, etc).
- Making a GIRO application to provide a monthly (recurring) donation. Please contact us for the GIRO Form.
- Making a Bequest (Will).
- Giving a Memorial Donation - a thoughtful way to remember a loved one while giving support to others.
- Volunteering your time and participating in other activities, such as ferrying elderly/disabled Sikhs to and from Gurdwaras.

WWW.SIWEC.ORG

Volunteer your SERVICES....

Without faithful volunteers, we would not be able to provide the level of service to reach out to the less fortunate. As we do not have the resources to do all the work, we need your services as a volunteer. By volunteering; it lets you appreciate what you have and gives you a great sense of achievement that you have helped another soul.

Volunteers are vital to enabling the community to live up to the true promise of its heritage. This "job" might not pay monetarily but it gives great satisfaction.

If you are in crisis and need help urgently, please call our 24 hour Hotline Number for Assistance, at 6299 9234.

An illustration showing several hands of different colors (red, orange, yellow, grey) reaching up to hold a glowing, multi-colored orb. The background is white with soft, glowing light effects.

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